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# O Soto Gari

Posted by Stephen - 2008/05/13 08:59

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Possibly the most Famous International Judoka in the world today is Yasuhiro Yamashita, he has fought and won many titles and has an unbeaten record, one of his Tokui Waza is O Soto Gari, (major outer reap) a friend of mine in the USA was very fortunate to have Yamashita Sensei visit his dojo and he recorded him whilst teaching his amazing technique.

Part one

{youtube}6-zFicAVezU{/youtube}

Part Two

{youtube}6V8odHAc1bo{/youtube}

Part Three

{youtube}jk-rVNec44{/youtube}

Combination into O soto Gari

{youtube}mPmk5fmCHgg{/youtube}

Yamashita in action

{youtube}9dMHxeCdpFs{/youtube}

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